

Local responses to help homeless people.

Feb 2016

Monday

Community Memorial Baptist Church 389-395 Barking Road Plaistow London E13 8AL	Drop in Tea Coffee Shower and shaving facilities Clean clothes (limited supply) NHS Nurse for Homeless	9am-12 Midday
St Francis Church opposite the entrance to Morrison's Car Park in Stratford.	Takeaway: Cheese Sandwich and a hot drink	9.30am-11.30am
Maryland Baptist Church	Drop in Hot drinks and 2 large Cornish pasties to eat in. Run by Teen Challenge	3pm
Helping Hands 42 Balaam Street, Plaistow E13	Drop in Sandwiches	9am-5pm

Tuesday

St Fidelis Friary Killip Close Canning Town E16 1LX	Drop in Lunch. Soup and sandwiches	11am-2pm
St Francis Church in Stratford E15	Takeaway: Cheese Sandwich and a hot drink	9.30am-11.30am
St Paul's church Maryland Road E15	Churches food bank. With voucher.	9am to 11am
RAMP The Renewal Programme 395 High Street North, Manor Park, London E12 6PG	Fruit & vegetables on weekly basis. Emergency food & clothing store for asylum seeker & refugee families with no income. Referral is via RAMP's advocacy team	10am to 2pm. See other support under "Other useful services" below.
Helping Hands 42 Balaam Street, Plaistow	Drop in Sandwiches	9am-5pm
House of Faith church Elim Way E13 0EH	Food distribution in informal food bank.	Midday?
Carpenters Café 17 Doran Walk, Stratford, E15 2JL	Drop in Sandwiches and a hot drink, Clothing & Books.	10am to 12 noon.

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Wednesday

St Francis Church Stratford	Takeaway: Cheese Sandwich and a hot drink	9.30am-11.30am
Bonny Down's Church Flanders Road, East Ham E6 6BT	Trussell Trust Food Bank Drop in. Lunch. Clothes. Chat.	12pm-3pm
All Nations Church Church Rd. Near Parkhurst Road. Manor Park	Prayers Soup and a Main Meal	6pm-7pm
Helping Hands 42 Balaam Street, Plaistow	Drop in Sandwiches	9am-5pm
St Fidelis Friary Killip Close E16 1LX	Shower & shaving facilities. Haircuts. Limited supply of clean clothes NHS Nurse for Homeless	11am to 1pm.

Thursday

Emmanuel Parish Church Romford Road London E7 8BD	Drop in Cooked Breakfast NHS Nurse for Homeless	8am-10am Ring Abel Samuels on 07904 715566
Woodgrange Baptist Romford Road E7	Churches Food Bank with voucher.	1pm - 3pm
Purpose and Belonging Project Napier Road, East Ham	Referral only http://www.purposeandbelonging.org/#!/referrals/c12yi Job-search. Cooking skills Gardening. Sports. Laundry. Showers	9.30am-2.30pm
St Francis Church Central Stratford	Takeaway: Cheese Sandwich and a hot drink	9.30am-11.30am
St Fidelis Friary Killip Close Canning Town E16 1LX	Drop in Soup and sandwiches	11am-2pm

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China Grill Cranbrook Road, Ilford	Free Chinese Takeaway	6pm-8pm
Helping Hands 42 Balaam Street, Plaistow	Drop in Sandwiches	9am-5pm

Friday

St Francis Church opposite Morrison's Car Park, Stratford	Takeaway: Cheese Sandwich and a hot drink	9.30am-11.30am
Helping Hands 42 Balaam Street, Plaistow	Drop in Sandwiches	9am-5pm
St Martin's Church Boundary Road, Plaistow	Drop in Hot drink. Light lunch	11am-1pm
Jubilee Church Corner of Park Avenue and Valentine Road, Ilford	Drop in Hot food Clothes	8pm - 10.30pm
Purpose and Belonging Project Napier Road, East Ham	Referral only Hobbies. Wellbeing groups. Laundry and showers.	9.30am - 1pm

Saturday

Community Memorial Baptist Church 389-395 Barking Road Plaistow London E13 8AL	Drop in. Cooked Breakfast Shower and shaving facilities Clean clothes (limited supply) NHS Nurse for Homeless (alternate weeks)	8am-12 Midday
Salvation Army 15 Clements Road Ilford IG1 1BH	Drop in Breakfast	10am-12 Midday
East Ham Baptist Church 236 Plashet Grove, East Ham, London E6 1DA	Drop in Hot meal	Every 3 rd Saturday of the month

Sunday

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St Peter and St Paul RC Church Church Hall High Road, Ilford	Drop in. Sandwiches Soup and Hot drink	1.30pm-3pm
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Let us know if you find these change!!

Winter Night Shelters run by churches.

Newham. www.newwayproject.org/

growTH. Winter Night Shelter in Tower Hamlets. <http://www.thisisgrowth.org/>

Barking. Winter Night shelter run from The SOURCE
37A, Vicarage Field Shopping Centre, Barking. Enquiries: 020 8594 2404 or 07538875940.

An established food distribution is through <http://barking.foodbank.org.uk/>

Other useful services

Newham Drug & Alcohol Service is an integrated recovery service delivered by Crime Reductions Initiative (CRI). They say that “together we are committed to supporting people affected by substance misuse to overcome their dependence, stay safe and healthy, and work towards recovery.

We offer a range of services to meet the needs of our service users and those interested in making positive changes in their lives. If you are interested in finding out about how we can help you or someone you care about, then please pop in and see us or give us a call.

The service can be accessed by coming to see us at our premises at [327 High Street](#), Stratford or at 3 Beckton Road, Canning Town. We welcome referrals from professionals.” See more at <http://www.cri.org.uk/content/newham-rise-beckton-road>

Build on Belief is a weekend drop in service for Newham residents who have, or have had, drug and alcohol use issues. Run by people with personal experience of addiction, Build on Belief aims to give people somewhere to go when mainstream drug and alcohol services are closed or cannot help. They also help service users access opportunities that they may not be able to obtain through the conventional treatment system, such as music workshops, sports clubs, arts and alternative therapies. This drop in service aims to enable people in recovery to discuss their stories and socialise with like-minded people. Saturdays & Sundays, from 12 noon to 4pm, providing sandwiches, refreshments and board games.

The address is: Newham Rise, 3 Beckton Road, Canning Town, London, E16 4DT
For more information, please email: bob@buildonbelief.org.uk.

Refugee and Migrant Project

Run by The Renewal Programme, it offers advice, food and clothes which can mean so much to those in desperate need. Some support with

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- Debt
- Immigration and Nationality
- Emotional support/counselling for asylum seekers and refugees
- Welfare Benefits
- Housing
- NASS

Supply of fresh fruit and vegetables on weekly basis and an emergency food and clothing store for asylum seeker and refugee families with no income. Referral is via RAMP's advocacy team

Contact the admin team on 020 8471 6954 or email kinga@renewalprogramme.org.uk
Please contact us between 09:30am and 5pm, Monday to Thursday, for an appointment or drop in between 10.00 and 2.00pm on Tuesdays.

Just Homes

Just Homes came together as a result of leaders of a few key churches and charities in Newham seeing how many people are living in overcrowded and bad housing conditions. It currently manages six properties housing over 40 people including families, single homeless, single mothers, refugees, ex-offenders and others. There are currently 5 bedrooms for those not entitled to benefits.

Just Homes is not going to solve all Newham's housing problems. But working with the local authority, churches and other agencies it provides a flexible, good quality, supportive and compassionate answer to some of that need. <http://www.justhomes.org.uk/>  020 7473 5286

If you can't find somewhere to live in Newham and need more advice

You must first visit the [East Ham Customer Service Centre and Library](#). They may be able to:

- advise you on how to get somewhere else to live that is in your budget and suits your needs
- help you to solve any problems with your landlord or the person you live with by mediating between you so that you can stay in your home
- advise you on your rights of occupation
- give you debt and benefits advice
- help you under the Mortgage Rescue Scheme
- offer you somewhere to live in the private sector if no other option is available to you.

Community Links. Free advice sessions on Debt, Welfare Benefits & Housing at St. John's in Stratford. Sessions are every fortnight on a Monday 12noon - 2pm and places need to be booked. To book a place people can call into St. John's Church Reception (open from 10am - 4pm Monday - Saturday) or phone 020 8503 1913 or email the Church Administrator kay.garib@stjohnse15.co.uk

Adult Employment and Skills Programme. This programme provides structured support to

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help people into work including those who are recently unemployed and those who face multiple barriers to employment. They work with people with little or no work history, lone parents, people with health issues or ESOL needs and people who are homeless or at risk of becoming homeless. <http://www.community-links.org/local-services/adult-employment-and-skills-programme/>

Hostels. Where to begin looking for hostel places in London.

<http://www.salvationarmy.org.uk/homelessness-section>

<http://www.thamesreach.org.uk/>

<http://www.mungosbroadway.org.uk/>

<http://centrepoint.org.uk/>

[Emmaus Greenwich](#) tel 020 8854 3426 or info@emmausgreenwich.org

Homeless UK

You can search [Homeless UK](#) for information on over 9,000 services - hostels, day centres and other advice and support services for homeless people and those at risk of homelessness.

Shelter

[Shelter](#) can provide advice and guidance on issues relating to housing and homelessness: 0808 800 4444, 8am-8pm Monday-Friday, 8am-5pm Saturday-Sunday.

London Reconnection Team

This team can provide advice to European migrants in London who want to return to their home country: Call 0870 383 3322 For information for European migrants outside of London who want to return home, visit the [Routes Homes website](#), run by Thames Reach.

Refugee Action

Refugee Action can provide advice to other migrants and asylum seekers: Call 0808 800 0007

Citizens Advice

[Citizens Advice](#) can provide confidential, impartial and independent advice on a range of issues including housing.

The National Domestic Violence Helpline (24 hours)

If someone is fleeing domestic violence, please contact: 0808 2000 247

Alcoholics Anonymous

At Bryant Street Methodist church. Monday noon; Fridays 8pm.

At Anchor House 81 Barking Road E16 Wed 8pm; Thurs 7pm; Sat 8pm; Sun 11am & 7.30pm.

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St Bart's East Ham Monday 8pm

Stratford Advice Arcade Wed 7pm

Durning Hall E7 Saturday 12.30pm.

Cocaine Anonymous.

Anchor House E16 4HB Monday 8pm.

Narcotics Anonymous.

Emmanuel Parish Church Romford Road E7 8BD Wed 7pm to 8.30pm.

Are you concerned about someone sleeping rough?

Get in touch with Street Link so they can connect them to local support and services they need.

<http://www.streetlink.org.uk/tell-us-about-a-rough-sleeper>

or call 0300 500

0914.

The problem

Anyone can become homeless. The longer someone sleeps rough, the greater the risk that they will become trapped on the streets and vulnerable to becoming a victim of crime, developing drug or alcohol problems, or experiencing problems with their health.

Rough sleepers may not be known to local services because they remain out of sight, bedding down at different times of day or night, and moving from place to place. Not all rough sleepers are aware that advice and support is available to them.

How you can help

By telling us about someone who is sleeping rough, you will help to connect that person to the local services available.

About Street Link

It is a service that enables the public to alert local authorities in England about rough sleepers in their area.

It is funded by the Government as part of its commitment to end rough sleeping. We aim to offer the public a means to act when they see someone sleeping rough, and provide the first step someone can take to ensure people sleeping rough are connected to the local services and support available to them.

Common questions

- Should I ask people about their situation?

There is no need to approach someone you don't know to ask them about their situation. This is the job of local services. All you need to do is contact StreetLink and give us some details about the person sleeping rough.

- What about people I have seen sleeping rough for a long time?

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Some people may have a longer history of rough sleeping, be known to local services and may require longer term support to help them leave the streets. This can include people who suffer with mental health issues or who cannot access services in the area in which they are rough sleeping.

You can still use StreetLink to tell us about these people. Their situation may mean that you do not see a change take place straight away.

- What if I know someone who is homeless but they are not sleeping rough?

Rough sleeping is the most visible sign of homelessness. There are other people who are homeless and in temporary accommodation, such as hostels. There are also individuals and families who become homeless but find temporary solutions, such as staying with friends or family. This group of people can approach their local council's Housing Options service for advice and assistance.